



## 4-H Exhibitors Guide Book 2022

4-H Exhibits have moved to the enclosed pavilion north of the large indoor arena. Look for signs & a large green dancing man!

The 4-H fair exhibits display a collection of projects completed by 4-H youth throughout Tooele County during the past year. 4-H is a program open to all youth in grades K-12. 4-H is a youth development program that meets the needs of youth through a variety of established or individually designed projects, leadership and service opportunities.

For more information about how you can become involved in 4-H, either as a youth or as an adult volunteer leader, contact:

USU EXTENSION - TOOELE COUNTY OFFICE  
151 N MAIN  
TOOELE, UT 84074  
435-277-2400

Linden Greenhalgh

AG / 4-H AGENT

435-277-2407, 435-840-2882

[linden.greenhalgh@usu.edu](mailto:linden.greenhalgh@usu.edu)

Darlene Christensen

HOME & COMMUNITY / 4-H AGENT

435-840-4404

[darlene.christensen@usu.edu](mailto:darlene.christensen@usu.edu)

Robyn Handley

4-H COORDINATOR

435-277-2402

[robyn.handley@usu.edu](mailto:robyn.handley@usu.edu)

Tamra Cox

4-H ADMINISTRATIVE ASSISTANT

435-277-2405

[tamra.cox@usu.edu](mailto:tamra.cox@usu.edu)

Nickole Brown

EXTENSION ADMINISTRATIVE ASSISTANT

435-277-2409

[nickole.brown@usu.edu](mailto:nickole.brown@usu.edu)

Sarah Patino

GARDEN/NUTRITION COORDINATOR

[sarah.patino@usu.edu](mailto:sarah.patino@usu.edu)



Extension  
Utah State University



# TOOELE COUNTY 4-H EXHIBITS

## GENERAL RULES

The following rules and regulations shall apply to all sections:

1. Should general rules and special 4-H rules conflict, the latter will govern.
2. To exhibit as a 4-H member, you must have been enrolled as a 4-H member for the current 2021-2022 year by July 31, 2022. 4-H enrollment information and instructions can be found at [www.tooele4h.org](http://www.tooele4h.org).
3. 4-H members must be enrolled in the project area in which they enter exhibits by July 31, 2022.
4. Cloverbuds, those who are 5 to 8 years of age and were in Kindergarten through 2nd grade as of September 1, 2021, may enter their exhibits at the Tooele County Fair. They will receive an exclusive "Clover Bud" ribbon and premium per project, up to 10 entries.
5. 4-H Members must register their fair exhibits on-line or through their 4-H leader beginning July 15th through August 1st. See **4-H EXHIBIT REGISTRATION** for instructions. If you have not registered your entries on-line before arriving at the fair, you will be expected to register them yourself at Deseret Peak Complex during entry intake. A few computers will be available for your use, but you may have to wait for access to a computer.

## 4-H EXHIBIT REGISTRATION

1. 4-H indoor exhibits must be registered through our on-line fair registration program: [countyfair.usu.edu](http://countyfair.usu.edu). Youth 4-H projects should be entered by registered 4-H leaders. If you need help entering your youth's exhibits, please call 435-277-2405. The fair on-line registration will be available July 15 –August 1.
2. The on-line registration will create a 4-H Exhibitor Tag for each exhibit. The 4-H office will print the tags in color on cardstock. They will be available at Deseret Peak for you to attach to your project when you arrive to enter it into the fair. Projects with multiple pieces must have a tag for each piece. For example, a 3-piece outfit would need 3 tags; the tags should be numbered 1 of 3, 2 of 3 and 3 of 3. This shows that the entry has 3 pieces and that all 3 should be judged as 1 entry. Attach the tag securely to each piece of every exhibit.
  - Please include a good description of the entry, including color, to help us find the item if the tag is lost. A "title" is not helpful.
  - Specific information is also required on some exhibits in Quilting, Home Environment, Child Care and Food Preservation. The required information is listed under each division in the categories.
  - Please indicate if the item was made from a kit.
  - Exhibits should not be school homework. If **part** of the entry was done in school, please attach a note explaining what additional things the 4-H member did to make it into a 4-H project.
3. 4-H members can enter more than one class, but no more than two individual exhibits per lot within the class. If a class does not list lots, it is considered to only have one lot.
4. The following are requirements and information for exhibits:
  - Posters must be 22" X 33" or smaller.
  - Notebook binders must be 2 inches or smaller.

- Displays must be 4' X 4' or smaller and be free-standing.
  - Collection boxes must be 325 square inches for bottom measurement or smaller and glass covers must open at the top or side of the box; the glass must be secured so that glass will not move when the box is properly displayed at the fair.
  - Exhibits must have a completed exhibit card attached securely to it. Exhibits with more than one part must have an exhibit card attached to each part numbered 1 of 3, 2 of 3, 3 of 3, etc.
  - Food items need to be of a quality to keep at least a week without refrigeration. Frozen food products are not acceptable. Do not send food items which will spoil quickly. Bread exhibits may be made by a traditional method or with a bread machine.
  - Exhibits which are normally hung on the wall must provide some means for attachment to the wall (paintings, framed items, woodworking, wall-hangings, and articles using artificial or dried flowers).
  - Exhibits must be well made so they are stable enough to be moved.
  - Baked products and gardening exhibits will not be returned without prior special arrangement.
  - 4-H will not provide plates for food or garden entries. Please provide your own; disposable is preferred. After judging, entries may be moved to a colored plate to more easily indicate the ribbon awarded.
  - Items to be returned (hangers, pie pans, cake stands, etc.) must be clearly marked with name of the exhibitor and a phone number.
5. Please bring all indoor 4-H exhibits, including food, floriculture, crops and garden produce, to the Deseret Peak Complex enclosed pavilion north of the large indoor arena on Monday, August 1<sup>st</sup>, between 1:00 and 7:00 p.m. for judging the next day. (This is a new location for 4-H exhibits. Look for signs and a large green dancing inflatable.) \*If you have not previously registered your exhibits on-line, you may do it at intake. However, this will require time and you may need to wait for access to a computer. No exhibits will be accepted after 7 pm on Monday, August 1<sup>st</sup>.
6. The following judging and award guidelines will be used:
- All entries will be judged.
  - Entries deemed to be of excellent quality will be recognized as such and receive a High Blue rosette; more than one entry per class may receive the High Blue award.
  - Entries deemed to be of superior quality will be recognized as such and receive a Best of Show purple rosette.
  - All 4-H exhibits awarded a rosette, purple or blue, are selected to be entered in the Utah State Fair.
  - Entries will receive the following premiums:
    - Best of Show Purple Rosette - \$5.00
    - High Blue Rosette - \$4.00
    - Blue ribbon - \$3.00
    - Red ribbon - \$2.00
    - Cloverbud ribbon - \$1.00 (up to 10 entries)
7. All exhibits must be picked up at Deseret Peak between 8:30 am and noon on Monday, August 8, 2022. If you are unable to pick up your exhibits during this time, please let the 4-H office know, in advance, if someone else will pick them up for you. After noon on August 8, all remaining entries will be taken back to the 4-H office. All items NOT picked up by August 25<sup>th</sup> will be discarded.

## Tooele County Fair Presents:

### **“STARS & STRIPES AND SUMMER NIGHTS” Fabric Challenge**

Open to all county residents: 4-H youth and non-4-H youth and adults.

**Entries accepted Monday August 1st from 1-7 pm in the 4-H area\***



\*Small enclosed pavilion north of the large indoor arena. Look for signs and green dancing inflatable man!

Pick up your challenge kit at the USU Extension/4-H office, 151 N. Main, Tooele, hours M-Th 8-6 & Fri. 8-noon. You must use at least ½ of the fabric swatch, one button & the ribbon in your creation. Add other materials as needed to make a fun, unique exhibit for the fair. You can sew it, quilt it, glue it, staple it – it is up to you! Prizes awarded in each age group!

Questions? Call/Text Darlene at 435-840-4404 or email [darlene.christensen@usu.edu](mailto:darlene.christensen@usu.edu). If you need to pick up challenge kit after office hours or on weekend contact Darlene to make arrangements.

## **4-H FCS CONTESTS at the FAIR:**

### **Cosplay, Decorate Your Duds, Fashion Revue, Sewing and Smart Shop Monday August 1, 2022 from 4-6 pm**

**Awards will be given for every contest in each 4-H age group:  
Junior, Intermediate, and Senior**

The “Cosplay”, “Decorate Your Duds”, “Fashion Revue”, “Sewing” and “Smart Shop” 4-H contests will be held Monday, August 1st from 4 - 6 p.m. during the indoor exhibit intake.

- Cosplay is where you create a costume and roleplay the character while you model and answer questions for the judge.
- Decorate Your Duds is where you model an item that you have embellished or changed in some way and then answer questions from a judge.
- Fashion Revue is where you model a piece of clothing or outfit that you have sewn and answer questions from the judge about your project.
- Sewing Contest is for other items you have sewn that you could not model yourself, such as a quilt, doll clothing or clothing made for another person. You show the item to the judge and answer questions they have about your project.
- Smart Shop Contest is modeling a purchased outfit, completion of a shopping comparison form and answer questions from a judge.

Contact Darlene at 435-840-4404 or [darlene.christensen@usu.edu](mailto:darlene.christensen@usu.edu) if you would like more information or see the rules and judging sheets for these contests. To sign up for any of the contests, contact Darlene or go to [4h.zsuite.org](http://4h.zsuite.org).

Come anytime between 4-6 p.m. Note the change in location. Plan on it taking approximately an hour, a little more if you do more than one contest. We try to keep things moving and hope it won't be a long wait for anyone. In the past, it is busier towards the end of the time block, so come earlier if you can.

The second part of each contest is to model in the 4-H Variety show on Friday, August 5th at 7 pm on the stage in the 4-H area. Participants should arrive at Tooele County 4H/USU Extension desk in the Pavilion building by 6:30 p.m. to pick up their exhibit item(s) and get ready for the show. Family and friends are invited to watch!



## 4-H VARIETY SHOW



Friday, August 5, 2022, 7 pm

On the stage in the 4-H/Home Arts area in the small pavilion

Look for signs and the green inflatable dancing man

Hey, 4-H! It's time to show off your talents at the fair!

Introducing the 4-H Variety Show where our 4-H youth and more are the stars. You can show off as a solo or as a group, families or friends (you can even have non-4-H people join you). You can be musical, dramatic, funny, athletic or some combination. Plan your entry to be 3 minutes or less. Those who participate in the FCS contests are encouraged to model their contest entries.

Please sign up by 7 pm on August 3rd at Tooele County 4H/USU Extension booth, on [4h.zsuite.org](http://4h.zsuite.org) or call/text Darlene Christensen at: 435-840-4404.

**Awards will be given.**



## TABLE SETTING CONTEST



Open to all county residents: 4-H youth and non-4-H youth and adults.

**Monday, August 1, 2022, 1-7 pm - Pavilion Building**

**Drop by anytime between 1-7 to set up table setting and leave to display at fair**

**Awards given by age group: grades K-2, 3-5, 6-8, 9-12 & Family (1 entry from the whole family)**

1. Design a table setting for a meal or event of your choice. (For example: a 4th of July BBQ)
2. Plan the menu. Make a card with your menu on it. Include everything you will serve: e.g. main dish, side dishes, bread, dessert and beverage. Keep nutrition in mind.
3. Think of a centerpiece, table covering, color scheme/theme, place cards, dishes and the utensils that you will need.
4. **Bring your menu, a 1-place setting, centerpiece and table covering** to the fair at Deseret Peak (enclosed pavilion north of large indoor arena, look for signs and green inflatable dancing man) on Monday, August 1st between 1 & 7 pm. The contestant(s) must set up their own entry.
5. Entries will remain on display throughout the fair. Pick up your entry on Monday, August 8 from 8:30 am-noon.
6. Judging points given for originality, correct table setting, safety, attractiveness, and appropriateness for menu, color scheme & centerpiece. (We encourage creativity, but the judge should feel comfortable eating at your table as it is set and, on the plates, used.)

# DIVISION A

## AGRICULTURE, ENVIRONMENTAL, AND ANIMAL SCIENCE

### CLASS AA – Agriculture & Animal Science

- Lot 1:** AGRISCIENCE POSTER – Poster that depicts your Agri Science project, should include the scientific method, hypothesis, materials & methods, results, and discussion.
- Lot 2:** ANIMAL SCIENCE POSTER – Educational poster with any animal science related topic including but not limited to horse, livestock, or companion animal.
- Lot 3:** HANDMADE EQUIPMENT/SUPPLIES – any item that you have made that relates to your agriculture or animal project. Includes but not limited to halters, feeders, stands, tack boxes toys, or habitats.
- Lot 4:** VIDEO DEMONSTRATIONS – recorded visual demonstrations related to your animal science project. Includes but not limited to Utah 4-H Pet Show Demonstrations, mini livestock workshops, or similar educational demonstrations.
- Lot 5:** COLLECTIONS – any items collected and displayed. May include but is not limited to model horses, photo albums, equipment sets, and similar items. Collections must be labeled.
- Lot 6:** OTHER – Any other items related to agriculture and animal science that does not fit into any other lot.

### CLASS AB – Natural Resources and Outdoor Education

- Lot 1:** POSTER PRESENTATION – Educational poster with any natural resource or outdoor education related topic.
- Lot 2:** HANDMADE EQUIPMENT/SUPPLIES – Any item that you have made that relates to natural resources or outdoor education. Includes but not limited to outdoor product designs, camp sets, and tools.
- Lot 3:** COLLECTIONS – any items collected and displayed. May include but is not limited to rocks, sands, artifacts, dried flowers, entomology, photo albums, and similar items. Collections must be labeled.
- Lot 4:** OTHER – any other projects related to Natural Resources and Outdoor Education that does not fit into any other lot.

# DIVISION B

## ART

### CLASS BA – Arts and Crafts

- Lot 1:** BOONDOGGLE - Item made primarily of boondoggle - e.g. keychain, figure, etc.
- Lot 2:** METAL - Item cut from metal, made primarily of metal, pieced/welded together with metal
- Lot 3:** PAINTED WOOD CRAFTS - item made of wood that was painted by the youth
- Lot 4:** VINYL LETTERING/IMAGERY - item created using vinyl
- Lot 5:** LEGOS, FROM KIT - Legos, k'nex, etc. that were built from a kit
- Lot 6:** LEGOS, ORIGINAL DESIGN - Legos, k'nex, etc. that were built into an original design
- Lot 7:** GLASS ETCHING - Glass item that was etched by youth
- Lot 8:** 3-D PRINTING - Item that was created using a 3D printer
- Lot 9:** BEADING - Item made from craft beads that is not jewelry (pony beads, melted beads, other)
- Lot 10:** JEWELRY - Single item or set of necklace, bracelet, ring, earring or other type of jewelry made from any material
- Lot 11:** LEATHER CRAFT - Stamping, carving, tooling, lacing or stitching on a leather item
- Lot 12:** PAPER CRAFT - Stationary, origami, paper dolls, scrapbooking, etc.
- Lot 13:** STENCILING - Uses stenciling techniques (sign, wall hanging, dishtowel, article of clothing, etc.)
- Lot 14:** PLASTIC CANVAS - Decoration, picture frame, basket or other Item created with plastic canvas
- Lot 15:** DUCT TAPE - Item that has been created using duct tape
- Lot 16:** PIXELATIONS - Item made using Individual units to create one Image (perler beads, diamond art, etc.)
- Lot 17:** OTHER - Any item crafted by the 4-Her that does not fit into the above category

### CLASS BB – Fine Arts

- Lot 1:** CERAMICS - Painted or glazed ceramics
- Lot 2:** POTTERY - Any piece created by youth using pottery techniques
- Lot 3:** SCULPTURE - Paper or Paper Mache

- Lot 4:** SCULPTURE - Wire
- Lot 5:** SCULPTURE - Clay
- Lot 6:** SCULPTURE - Made from any other medium not listed above
- Lot 7:** DRAWING - Pencil/Sketch. Can be graphite(lead) or colored pencil
- Lot 8:** DRAWING - Oil Pastel
- Lot 9:** DRAWING - Chalk
- Lot 10:** DRAWING - Marker, Pen/Ink, Crayon or any other medium not listed above
- Lot 11:** DRAWING PORTFOLIO - Collection of at least 5 drawings
- Lot 12:** PAINTING - Watercolor
- Lot 13:** PAINTING - Acrylic
- Lot 14:** PAINTING - Oil
- Lot 15:** PAINTING - From Kit / Paint-by-Number
- Lot 16:** CALLIGRAPHY - Any item demonstrating a youth's calligraphy/penmanship
- Lot 17:** GRAPHIC / DIGITAL ARTS - Work of art created utilizing computer technology
- Lot 18:** WRITING - Poem, short story or other written work
- Lot 19:** PERFORMING ARTS - Dance, vocal, composed music, acting, etc. Submit via Flash Drive Only
- Lot 20:** FILM - Any film project created by youth. Submit via Flash Drive Only
- Lot 21:** OTHER - Any project that does not fit into the above category

**CLASS BC – Photography**

All Photography should be mounted or framed in a 4x6, 5x7 or 8x10 size

- Lot 1:** LANDSCAPE
- Lot 2:** PERSON/PORTRAIT
- Lot 3:** ANIMAL
- Lot 4:** ACTION
- Lot 5:** MACRO/CLOSE UP
- Lot 6:** ARCHITECTURE



**Lot 7:** 4-H PROMOTION – photos of 4-H projects, community service, activities/events

**Lot 8:** PHOTO PORTFOLIO – Collection of at least 5 photos

**Lot 9:** OTHER – Photo that includes subject matter not detailed above

### **CLASS BD – Woodworking**

**Lot 1:** WOOD CARVING – Item made from carved wood

**Lot 2:** WOOD ENGRAVING/BURNING – Wooden item that has been engraved or burned

**Lot 3:** ITEMS MADE FROM KIT

**Lot 4:** OWN DESIGN / POWER TOOLS

**Lot 5:** OWN DESIGN / HAND TOOLS

**Lot 6:** OWN DESIGN / SHOP TECHNIQUES

**Lot 7:** FURNITURE REFINISHING

**Lot 8:** FURNITURE DESIGN/CONSTRUCTION

**Lot 9:** OTHER – all other projects that do not fit into a category above

## **DIVISION C**

### **PERSONAL DEVELOPMENT**

#### **CLASS CA – Youth Leadership & Civic Engagement**

**Lot 1:** LEADERSHIP - Exhibit that shows learning about leadership skill and influencing other in a positive way

**Lot 2:** CIVIC EDUCATION - notebook, poster or other display that depicts your 4-H project related to government, history, culture, etc.

**Lot 3:** CIVIC ENGAGEMENT - notebook, poster or other display that depict your 4-H project related to civic responsibility and /or social justice, etc.

**Lot 4:** SERVICE - Exhibit that shows an experience in a Service Learning Adventure or project

**Lot 5:** OTHER - any display that depicts learning about leadership and/or civic engagement that does not fit into a lot listed above

## CLASS CB – Career Readiness

- Lot 1:** CAREER PATHWAY - Please provide a notebook, poster or any other item or display that depicts how your 4-H project is preparing you for a career. Please provide a brief description of the exhibit.
- Lot 2:** CAREER READINESS SKILLS - Please provide a notebook, poster, or any other item or display that depicts how your 4-H project is preparing you for one or more of the following topics: job interviews, resume development, scholarship applications, job applications, college applications, talent development, acting professionally, showing respect in the workplace, reducing academic stress.
- Lot 3:** 4-H PORTFOLIO - 4-H Portfolios are the combination of a resume and cover letter

**RESUME:** The resume should represent a cumulative summary of the 4-H members background, skills, and accomplishments. The 4-H member should summarize their 4-H experience by highlighting their project involvement, activities, awards/recognitions, leadership experiences, and community service. Each year, applicants will need to update their information, maintaining the most pertinent information over time. Content should be clearly identified as 4-H or non-4-H; style of resume and formatting are at the discretion of the applicant. Applicants should include contact information, county, school grade, and year in 4-H. Maximum 2 pages.

**COVER LETTER:** The cover letter should be a narrative to accompany the resume. Maximum is 1 page. When submitting/applying for different 4-H contests, leadership roles, etc., the cover letter should be tailored to the requirements of the application.

County/State Fair Cover Letter Objectives:

1. Where did you first learn about your 4-H project and how did you become involved?
2. What skills have you learned from your 4-H project this year and how will they be useful in your future?
3. What goals do you have for next year based on your 4-H project experience and your future?
4. How has 4-H helped you make decisions about your future?

# DIVISION D

## FAMILY CONSUMER SCIENCE & HEALTHY LIVING

### CLASS DA – EMERGENCY PREPAREDNESS AND SAFETY

- Lot 1:** Please provide a notebook, poster or any other item or display that depicts your 4-H Emergency Preparedness or Safety project. Please provide a brief description of the exhibit.

### CLASS DB – FAMILY CONSUMER SCIENCE (Child Care, Interior Design, Finance)

- Lot 1:** TOY, PUPPET or STORY - created by the 4-H member used for child care.
- Lot 2:** BABY SITTERS KIT – A baby sitter’s kit (contained in a storage container, sturdy box or draw string bag) containing at least eight involvement items for young children, four of which must be handmade by the 4-H member, the remaining may be commercial products. The kit must specify the age range they have built the kit for. Youth should label each item

- Lot 3:** INTERIOR DESIGN – Room décor (wall hangings, organizers, etc.), concept board, floorplan, or any other interior design related project
- Lot 4:** FINANCE – Notebook, poster or any other item to display that depicts what you have learned about finance through 4-H
- Lot 5:** OTHER -CHILD CARE, INTERIOR DESIGN, FINANCE OR FAMILY CONSUMER SCIENCE- Please provide a notebook, poster or any other item or display that depicts your 4-H Family Consumer Science Project. Please provide a brief description of the exhibit.

### **CLASS DC – FOOD PREPARATION/COOKING**

Food items must not require refrigeration. Must include recipe.

- Lot 1:** FOUR BAKED COOKIES
- Lot 2:** FOUR NON-BAKED COOKIES
- Lot 3:** FOUR BAR COOKIES
- Lot 4:** FOUR MUFFINS
- Lot 5:** FOUR BROWNIES
- Lot 6:** LAYER CAKE – square, oblong or round - without frosting
- Lot 7:** INVENTED SNACK OR TRAIL MIX
- Lot 8:** FOUR PIECES OF CANDY
- Lot 9:** BAKED FRUIT PIE – A single or double crust
- Lot 10:** INTERNATIONAL/ETHNIC FOOD PRODUCT
- Lot 11:** FOOD FOR A SPECIAL OCCASION
- Lot 12:** OUTDOOR COOKING DUTCH OVEN (cake, cornbread, biscuits)
- Lot 13:** OTHER: Any other food item not mentioned above or in bread class. Small entries provide 4 items and large entries provide 1 item.

### **CLASS DCA – BREADS**

Food items must not require refrigeration. Must include recipe.

- Lot 1:** QUICK BREAD - one loaf
- Lot 2:** FOUR PRETZELS
- Lot 3:** FOUR BAKING POWDER BISCUITS

- Lot 4:** FOUR BREADSTICKS OR YEAST ROLLS (not a sweet roll)
- Lot 5:** WHITE BREAD
- Lot 6:** SPECIALTY GRAIN (whole wheat, rye oat)
- Lot 7:** SWEET YEAST BREAD OR FOUR SWEET ROLLS
- Lot 8:** INTERNATIONAL BREAD - one loaf
- Lot 9:** CREATIVE BREAD/BREAD SCULPTURE - may use bread machine or purchased frozen dough

### **CLASS DCB – CAKE/CUPCAKE DECORATING**

Exhibits of decorated cupcakes or cakes include:

- Lot 1:** FOUR CUPCAKES Design applied with colored sugar, coconut, etc.; all decorations must be edible
- Lot 2:** FOUR CUPCAKES Design using at least 3 different types of decorating tips
- Lot 3:** SINGLE LAYER - (8 or 9-inch round or square or a 9 X 13-inch oblong) or cut up with design applied with colored sugar, coconut, candies, etc.; all decorations must be edible, the round, plain, star and shell tips may be used but are not required.
- Lot 4:** SINGLE-LAYER OR TWO-LAYER - using at least 3 different types of decorating tips. Drop flowers and striping methods are acceptable.
- Lot 5:** TWO-LAYER, CHARACTER, 3D OR DOLL - using 4 or more types of decorating tips and advanced techniques. Such as drop, or flat surface flowers and flowers made on a flat flower nail.
- Lot 6:** DÉCORATED CAKE USING STYROFOAM OR ANOTHER NON-EDIBLE FRAME
- Lot 7:** DÉCORATED CAKE USING FONDANT
- Lot 8:** CREATE YOUR OWN PROJECT - suggestions include flowers made on a lily nail, figure piping, string work, tier cakes with separators and pillars

### **CLASS DCC – FOOD PRESERVATION**

State Recommendations for County Fair Canning Guidelines

Many of the following requirements are based on SAFETY guidelines. ONLY those regarding presentation of exhibit or specific fair preferences are adaptable.

#### **SPECIAL RULES FOR HOME CANNING**

Canning rules are based on safe food preservation guidelines from approved sources (National Center for Home Food Preservation (NCHFP), USU Extension and Pacific Northwest Extension, USDA, and Ball Canning).

See: <https://nchfp.uga.edu> , <http://canning.usu.edu>, or [www.freshpreserving.com](http://www.freshpreserving.com)

1. Only products of home kitchens are eligible.

2. Products entered must have been prepared (by the person entering them) since the last state/county fair. Older products will not be accepted.
3. All entries must be in clean, standard canning jars (e.g. no mayo jars) with new, single-use two piece lids and rings.
4. A one-quart or pint jar constitutes an exhibit for fruit, vegetables or meat.
5. One standard-size canning jar constitutes an exhibit for preserves, conserves, pickles, and relishes based on recommendations from an approved recipe.
6. One pint or 1/2-pint jar with lid constitutes an exhibit for jellies and jams.
7. Exhibits should be canned using research-tested recipes, i.e., USDA, Ball, pectin brand name or NCHFP guidelines issued 2009 or later. Processing adjustments for altitude, time or pressure must be made and explained on entry label.
8. All fresh fruits, jams, jellies, pickles and relishes must be processed in a boiling water bath and properly sealed. Entries processed in a steam canner will not be accepted.
9. No frozen jams or wax seals will be accepted. The presence of mold disqualifies a product.
10. All meats and vegetables must be processed in a pressure canner.
11. The exhibitor is requested to loosen the ring on the jar (so judges can remove ring and examine the head space).
12. **REQUIRED:** All jars must be labeled with name of product, method (water bath or pressure), pack (hot or raw), length of processing time, pounds of pressure (if applicable), altitude, date, city, recipe source (see above) and when the dial gauge was last tested (Year) attached to the bottom of jar. If sweeteners other than sugar are used, include on label. Labels are available in advance from USU Extension Office or on their website.

**Product:** \_\_\_\_\_

**Method:** \_\_\_\_\_ **Water bath** \_\_\_\_\_ **Pressure**

**Pack:** \_\_\_\_\_ **Hot** \_\_\_\_\_ **Raw**

**Length of Processing Time:** \_\_\_\_\_

**Pounds (if pressured):** \_\_\_\_\_ **Altitude:** \_\_\_\_\_

**Year dial gauge was last tested:** 20 \_\_\_\_\_

**Processing Date:** \_\_\_\_\_ **City:** \_\_\_\_\_

**Source of Recipe:** \_\_\_\_\_

**Exhibitor Comments:** \_\_\_\_\_

Enter one (1) appropriate size jar with completed label on bottom of jar to include the information listed in the General Foods Preservation Rules above.

- Lot 1:** CANNED FRUITES - limit of 3 bottles of different fruits
- Lot 2:** CANNED JAM/JELLY - or a reduced sugar fruit spread (no freezer jams accepted)
- Lot 3:** CANNED VEGETABLES - limit of 3 bottles of different vegetables
- Lot 4:** CANNED TOMATO PRODUCT
- Lot 5:** SALSA
- Lot 6:** CANNED PICKLES OR PICKLED PRODUCT
- Lot 7:** CANNED MEATS
- Lot 8:** CANNED COMBINATION PRODUCT
- Lot 9:** DEHYDRATED FOODS
- Lot 10:** FREEZE DRIED FOODS

#### **CLASS DCD – COOKING – NON-EDIBLE**

- Lot 1:** TABLE SETTING AND CENTERPIECE - for special occasion (**for county fair use only**)
- Lot 2:** BEGINNING RECIPES - 30 recipes legibly written or typed in file or book
- Lot 3:** ADVANCED RECIPES - 60 recipes legibly written or typed in file or book
- Lot 4:** OTHER: Please provide a notebook, poster or any other item or display that depicts your 4-H foods, cooking or nutrition project. Please provide a brief description of the exhibit.

#### **CLASS DD - HEALTH & WELLNESS**

Please provide a notebook, poster or any other item or display that depicts your 4-H project in Health & Wellness project. Please provide a brief description of the exhibit.

- Lot 1:** MENTAL HEALTH
- Lot 2:** EMOTIONAL HEALTH
- Lot 3:** SOCIAL HEALTH
- Lot 4:** PHYSICAL HEALTH
- Lot 5:** HEALTHY RELATIONSHIPS

## **CLASS DE – NEEDLE ARTS**

An item made utilizing one of the following:

- Lot 1:** MACRAME - All articles made except jewelry such as necklace, bracelets etc.
- Lot 2:** EMBROIDERY AND APPLIQUE – An item made with: Black Work, Japanese, Bunka, Machine, Huck, Candlewicking, Open work/Cut work, Appliqué, Smocking, Chicken Scratch, Crewel, Hardanger, or other
- Lot 3:** COUNTED CROSS STITCH
- Lot 4:** CROSS STITCH
- Lot 5:** LACEWORK - Items utilizing one or more of the following: Needle lace, Lace Weaves, Tatting, Hairpin Lace, Filet Netting, Bobbin Lace, other
- Lot 6:** NEEDLEPOINT - Items utilizing one or more of the following: Petit Point, Bargello, General Needlepoint, Other
- Lot 7:** LATCH HOOK
- Lot 8:** ORIGINAL NEEDLECRAFT – Item made from own design, not a kit or pattern

## **CLASS DEA- KNITTING**

- Lot 1:** KITCHEN ITEMS – potholders, dishcloths, etc.
- Lot 2:** SMALL ARTICLES – hairbands, scrunchies, etc.
- Lot 3:** BABY ITEMS – dress, booties
- Lot 4:** SCARF, HAT, SLIPPERS, MITTENS, SOCKS
- Lot 5:** SWEATERS
- Lot 6:** AFGHAN
- Lot 7:** LOOM KNITTING
- Lot 8:** ADVANCED STITCHES – cables, Fair Isle, etc.
- Lot 9:** Felted items
- Lot 10:** OTHER – item related to Knitting not listed above

## **CLASS DEB - CROCHET**

- Lot 1:** KITCHEN ITEMS - potholders, dishcloths, towel tops, scrubbies, etc.
- Lot 2:** SMALL ARTICLES - hairbands, scrunchies, etc.

- Lot 3:** BABY ITEMS - dress booties
- Lot 4:** SCARF, HAT SLIPPERS, MITTENS, SOCKS
- Lot 5:** SWEATERS
- Lot 6:** AFGHAN
- Lot 7:** DOLLS - doll clothes, toys
- Lot 8:** EDGING ON ARTICLES - blankets, burp cloths, bibs, etc.
- Lot 9:** OTHER - item related to Crochet not listed above

**CLASS DEC – SPINNING AND WEAVING**

- Lot 1:** SPUN YARN – skeins should weigh at least 2 ounces and be properly tied in 4 places with self-yarn. Should include a 3x5 card which describes fiber preparation, fiber content, techniques, and appropriate use.
- Lot 2:** WEAVING – Article made by weaving
- Lot 3:** OTHER – item related to spinning and/or weaving.

**CLASS DF – SEWING CONSTRUCTION**

- Lot 1:** PILLOWCASE
- Lot 2:** PILLOW
- Lot 3:** DRAWSTRING BAG/CAMP BAG
- Lot 4:** BACKPACK, DUFFEL BAG, FANNY PACK, HANDBAG
- Lot 5:** APRON
- Lot 6:** CLOTHING REMADE - garment must be cut into or taken apart in some way in the "redesign" process - for example: skirt made of Levi pants, etc. May include before and after picture.
- Lot 7:** SHORTS, CAPRIS, PANTS - with casing - elastic or drawstring waistband
- Lot 8:** SHORTS, CAPRIS, PANTS - with waistband or facing
- Lot 9:** SKIRT - with casing -elastic or drawstring waistband
- Lot 10:** SKIRT - with waistband or facing
- Lot 11:** VEST
- Lot 12:** PAJAMA SET, NIGHTGOWN, ROBE OR LOUNGEWEAR (Single pajama pants should be entered in Lot 7)
- Lot 13:** JUMPER



- Lot 14:** SHIRT / BLOUSE
- Lot 15:** CASUAL DRESS
- Lot 16:** COAT, JACKET, OR OUTERWEAR
- Lot 17:** MULTI-PIECE OUTFIT (2 or 3-piece, not tailored) - t-shirt and pants
- Lot 18:** SPECIAL OCCASION DRESS / FORMAL OR EVENING WEAR
- Lot 19:** TAILORING (2 or 3-piece outfit)
- Lot 20:** ACTION WEAR (using stretchable fabrics) - swimsuits, leotards, lingerie, biking shorts and shirts
- Lot 21:** CREATE YOUR OWN FABRIC - clothing, home decorations, gifts, wall hangings, accessories, or whatever you choose to make with the fabric you have created.
- Lot 22:** SEWING FOR ANIMALS - aprons, saddlebags, tool carriers, cloth carriers, garment bags, hat tote, rope and boot bags, hay and feed bags, pads or beds, animal coats, bird cage covers, leg wraps, tail wraps, saddle blankets, chaps, dusters, etc.
- Lot 23:** SOFT SCULPTURE - stuffed doll, animal, or other figure utilizing soft sculpture techniques
- Lot 24:** SEWN FLEECE PROJECTS - Any item constructed from fleece. Exhibits may include: mittens, hats, outerwear, blankets, pillows, boas, etc.
- Lot 25:** SEWING FOR DOLLS - any article of sewn clothing made for a doll
- Lot 26:** OTHER CREATIVE SEWN TEXTILE ITEM

### **CLASS DFA – QUILTING**

50% of quilt should be made by the exhibitor. Please include card explaining your quilting (e.g. Did you piece it, quilt it, someone else quilt it, etc.). It is customary to piece the quilt and have assistance with quilting. Regardless of size of quilt, it will be judged on skills utilized. \*\*Pillowcases should be entered in Sewing Lot 1.

- Lot 1:** TIED QUILTS/PIECED
- Lot 2:** TIED QUILT/WHOLE
- Lot 3:** RAG QUILTS
- Lot 4:** PIECED QUILT TOP – (binding and/or quilting done professionally – please indicate.
- Lot 5:** PIECED QUILTS, MACHINE – 4-H member machine quilted.
- Lot 6:** PIECED QUILTS, HAND – 4-H member hand quilted
- Lot 7:** APPLIQUED QUILT TOP – (binding and/or quilting done professionally – please indicate.
- Lot 8:** APPLIQUÉD QUILTS, MACHINE – 4-H member machine quilted
- Lot 9:** APPLIQUÉD QUILTS, HAND – 4-H member hand quilted

- Lot 10:** WALL HANGINGS
- Lot 11:** MINKY FABRIC – Quilt made using minky fabric
- Lot 12:** OTHER – item related to Quilting not listed above – quillow, etc.

**CLASS DFB – CLOTHING/TEXTILES/MODELING**

- Lot 1:** DÉCORATE YOUR DUDS - EMBELLISHED GARMENT - jeans, jackets, t-shirts, vests, shorts, or any clothing article decorated creatively with applique, lace buttons, bows or other items, accessories such as hats, shoes and jewelry may be included.
- Lot 2:** DÉCORATE YOUR DUDS - FABRIC ALTERED GARMENT - fabric is tie-dyed, sun-dyed, painted, pieced, or otherwise altered while creating garment
- Lot 3:** COSPLAY - any costume put together by youth that is not all a sewn, multi piece outfit as in DF Lot 19
- Lot 4:** OTHER - non-sewn Creative Textile items not listed above - includes non-sewn fleece projects.
- Lot 5:** DISPLAY - Please provide a notebook, poster or any other item or display that depicts your 4-H project in Clothing and Textiles that is not Sewing Construction. Please provide a brief description of the exhibit.
- Lot 6:** FABRIC CRAFT - doll, wreath, basket, wall hanging, or other non-clothing and/or non-sewn item mostly made from fabric.

# DIVISION E

## SCIENCE, TECHNOLOGY, ENGINEERING & MATH

**CLASS EA – Biological Science (entomology, bees vet science)**

- Lot 1:** VETERINARY SCIENCE
- Lot 2:** FOOD SCIENCE
- Lot 3:** POULTRY SCIENCE / EMBRYOLOGY
- Lot 4:** PLANT SCIENCE
- Lot 5:** BIOLOGY

**CLASS EB – Engineering (mechanical, aerospace, coding, electrical, robotics)**

- Lot 1:** MECHANICAL ENGINEERING
- Lot 2:** CIVIL ENGINEERING

- Lot 3:** ELECTRONIC ENGINEERING
- Lot 4:** ARCHITECTURAL ENGINEERING
- Lot 5:** AEROSPACE ENGINEERING
- Lot 6:** AUTOMOTIVE
- Lot 7:** ELECTRONICS
- Lot 8:** COMPUTER SCIENCE AND COMPUTATIONAL THINKING
- Lot 9:** ROBOTICS

**CLASS EC – Physical Science (physics, chemistry, earth science)**

- Lot 1:** CHEMISTRY
- Lot 2:** PHYSICS
- Lot 3:** EARTH SCIENCE

**CLASS ED – Social Science: Archaeology, anthropology misc. sciences)**

- Lot 1:** ARCHAEOLOGY
- Lot 2:** ANTHROPOLOGY
- Lot 3:** HISTORY
- Lot 4:** GENEALOGY
- Lot 5:** OTHER

**\*\*\*SEE CLASS AA FOR AGRISCIENCE**

# **DIVISION F**

## **GENERAL 4-H**

**CLASS FA – General 4-H**

- Lot 1:** Please provide a notebook, poster or any other item or display promotes equity, access and inclusion in 4-H.
- Lot 2:** Please provide a notebook, poster or any other item or display promotes or markets 4-H.
- Lot 3:** Please provide a notebook, poster or any other item or display that depicts your 4-H project that doesn't fall within any other lot mentioned above.

**CLASS FB – Cloverbud – (For county fair use only)**

**Lot 1:** Any exhibit for Cloverbud age 4-H youth (just finished grades K-2).

## **DIVISION G**

### **PLANTS**

**CLASS GA – FLOWER GARDENING/HOUSE PLANTS**

The number of flowers required for each exhibit follows each flower type.

- Lot 1:** ANNUALS - 3 or more stems each from any type or variety annual
- Lot 2:** PERENNIALS - 3 stems of any type or variety perennial
- Lot 3:** GLADIOLI - single stem, named variety
- Lot 4:** BORDER AND ROCK PLANTS - 3 clusters
- Lot 5:** DAHLIAS AND ZINNIAS - single specimen, named variety
- Lot 6:** EVERLASTINGS AND OTHERS FOR DRYING -single specimen, named variety
- Lot 7:** MARIGOLDS - 3 blossoms, named variety
- Lot 8:** PANSIES - 3 blossoms, named variety
- Lot 9:** PETUNIAS - 3 blossoms, named variety
- Lot 10:** FLOWERING VINES - 3 specimens, named variety
- Lot 11:** ROSES - All foliage and thorns removed from stems to the first bud, cluster, or flower, except for shrub and species - 3 blossoms, named variety
- Lot 12:** LILIES - All foliage removed from stem - 1 stem, named variety
- Lot 13:** SUNFLOWERS - single specimen, named variety
- Lot 14:** MISCELLANEOUS - 3 blossoms, named variety
- Lot 15:** GENERAL GARDEN DISPLAY - Largest number of different flower species, best collection of 6 different flower species, best bloom in your garden
- Lot 16:** ARRANGEMENTS - Dried, Fresh or Artificial floral arrangements
- Lot 17:** HOUSE PLANTS
- Lot 18:** OTHER

## **CLASS GB – GARDENS – FRUIT/VEGETABLE**

Any garden fruit or vegetable grown by a 4-H participant. Exhibit is to meet stated requirements explained in the Utah 4-H Vegetable Garden Manual. All exhibits entered are to be identified by the variety used. An exhibit should contain the following number for display:

- Lot 1:** APPLES - 3 fruits
- Lot 2:** APRICOTS - 3 fruits
- Lot 3:** BEANS, LIMA - (fresh) 5 pods
- Lot 4:** BEANS, SNAP - (fresh) 5 pods
- Lot 5:** BEETS - (fresh, washed, tops off) 3 roots
- Lot 6:** BRAMBLE FRUIT - raspberries, blackberries, etc., 10 fruits
- Lot 7:** CARROTS - (fresh, washed, tops off) 3 roots
- Lot 8:** CABBAGE - (trimmed) 1 head
- Lot 9:** CAULIFLOWER - (trimmed) 1 head
- Lot 10:** CANTALOUPE - [Muskmelon] (firm, ripe) 1 fruit
- Lot 11:** CELERY - (trimmed, washed) 1 plant or stalk
- Lot 12:** CORN, SWEET - (husked, table maturity) 3 ears
- Lot 13:** CUCUMBERS - (for slicing) 3 fruits
- Lot 14:** EGGPLANTS - 1 fruit
- Lot 15:** GARLIC - 3 bulbs
- Lot 16:** GRAPES - 1 cluster
- Lot 17:** HERBS - 3 sprigs
- Lot 18:** LETTUCE - (trimmed) 1 head
- Lot 19:** NUTS - (peanuts, walnut, hazelnut, pistachio, etc.) 10 nuts
- Lot 20:** ONIONS - (washed and trimmed) 3 bulbs
- Lot 21:** ORNAMENTAL GOURDS - 1 of a large variety or 3 of a small variety
- Lot 22:** OTHER SMALL FRUIT - (strawberries, gooseberries, currants etc.) 10 fruits
- Lot 23:** PARSNIPS - (fresh, washed, tops off) 3 roots
- Lot 24:** PEAS - 5 pods

- Lot 25:** PEACHES - 3 fruits
- Lot 26:** PEARS - 3 fruits
- Lot 27:** PEPPERS - (Hot Variety) 3 fruits
- Lot 28:** PEPPERS - (Sweet Variety) 3 fruits
- Lot 29:** PLUMS - 3 fruits
- Lot 30:** POTATOES - 3 tubers
- Lot 31:** PUMPKIN - (medium size) 1 fruit
- Lot 32:** SQUASH - summer (table maturity) 3 fruits
- Lot 33:** SQUASH - winter (small varieties, mature) 3 fruits
- Lot 34:** SQUASH - winter (large varieties, mature) 1 fruit
- Lot 35:** SWISS CHARD - (roots attached and washed) 1 large plant
- Lot 36:** TOMATOES - (mature: green-tops on or red-tops off) 3 fruits
- Lot 37:** TOMATOES - Cherry Varieties (mature, tops off) 3 fruits
- Lot 38:** TOMATOES - Paste Varieties (red, tops off) 3 fruits
- Lot 39:** TURNIPS - (fresh, washed, tops off) 3 roots
- Lot 40:** WATERMELON - (firm, ripe) 1 fruit
- Lot 41:** OTHER - fruit or vegetable, properly named and prepared. (The number to entered should be the same as similar fruit/vegetables listed.)
- Lot 42:** GARDEN CORNUCOPIA - 4 to 6 kinds of garden fruits and/or vegetables of the number listed above and arranged for group display. Each part of the entry must have the proper variety identified.
- Lot 43:** ORGANIZATION PLAN FOR GARDEN PROJECT - This project is especially for member in counties where the harvest may be over or where fruits and vegetables may not yet have matured. Using any form (poster, notebook, usb flash drive) member is to present their plan for planting a garden and harvesting the produce. List (or diagram) garden size and directional exposure; the location, date, and amount and variety of seed to be planted; anticipated costs for water, fertilizer, seeds and plants; and anticipated use of the harvest.
- Lot 44:** VEGETABLE ART - Create anything you'd like using a variety of fruits and vegetables. Seeds, nuts, and edible flowers are also okay. Please include the title. At least half of the creature must be from produce grown by the 4-H'er.